

# PED 284: Varsity Volleyball III

This course covers more advanced volleyball techniques. Emphasis is placed on refining skills and developing more advanced strategies and techniques. This course builds upon previous instruction and provides additional opportunities to develop skills. Upon completion, students should be able to participate in competitive volleyball.

**Credits:** 1

**Transfer Code:** Transfer Code

Code C

**Lab Hours:** 2

**Lecture Hours:** 0

**Prerequisites:**

Instructor permission

**Co-Requisites:**

None