

General Studies - Health, Physical Education, and Recreation Pathway

Degree Type

A.S.

Program Location: All locations except for Brookley Field

Length: Four Semesters

The Health, Physical Education, and Recreation pathway is designed to give the student a basic foundation of course work needed to transfer to a four-year college or university to work toward a baccalaureate degree in either a specialized or general physical education curriculum.

Semester-by-Semester Pathway/Alabama Transfers Guide

A semester-by-semester pathway is provided as a guide for course selection. Students should consult their Degree Works degree plan and complete an *Alabama Transfers* transfer guide to ensure that they take the appropriate courses for their major at their selected four-year institution. Click [here](#) for a link to the *Alabama Transfers* site. Students are also encouraged to contact their advisor for assistance regarding courses to be completed.

Semester One

Item #	Title	Credits
BIO 103	Principles of Biology I	4
ENG 101	English Composition I	3
MTH 112	Precalculus Algebra	3
ORI 101	Orientation to College	1
PED 200	Foundations of Physical Education	3
	History, Social, and Behavioral Sciences Course	3
	Sub-Total Credits	17.00

Semester Two

Item #	Title	Credits
BIO 104	Principles of Biology II	4
ENG 102	English Composition II	3
SPH 107	Fundamentals of Public Speaking	3
	HED 221 or HED 224	3
	Humanities and Fine Arts Course	3
	Sub-Total Credits	16.00

Semester Three

Item #	Title	Credits
BIO 201	Human Anatomy and Physiology I	4
	Fine Arts Course (I)	3
	History, Social, and Behavioral Sciences Course	3
	Literature Course	3
	Physical Education Activity Course	1
	Sub-Total Credits	14.00

Complete Graduation Application

Complete the [graduation application](#) and begin the process of a review of your degree plan before your final semester.

Semester Four

Item #	Title	Credits
BIO 202	Human Anatomy and Physiology II	4
HED 231	First Aid	3
	History, Social, and Behavioral Sciences Course	3
	History, Social, and Behavioral Sciences Course	3
	Physical Education Activity Course	1
	Sub-Total Credits	14.00
	Total Credits	61

Alabama Transfers

<https://alabamatransfers.com>