

Health, Physical Education, and Recreation Concentration

Length: Four Semesters

The Health, Physical Education, and Recreation concentration is designed to give the student a basic foundation of course work needed to transfer to a four-year college or university to work toward a baccalaureate degree in either a specialized or general physical education curriculum.

NOTES

* You must complete a sequence of literature OR a sequence of history, (i.e. you either need to take two literature classes and one history OR two history classes and one literature class). Literature and history classes do not have to taken in sequence; in other words, the lower number class does not have to be taken first.

- If the literature sequence is not chosen, the students must choose 6 SH of Humanities electives from the following programs: ART, HUM, MUS, REL, PHL, THR, or Foreign Language.
- If the history sequence is not chosen, the students must choose 6 SH of Social Science electives from the following programs: ANT, ECO, GEO, POL, PSY or SOC.

* Placement in MTH112 is based on test scores. See your adviser to determine which math class you need to take. If you did not place into MTH112, ask your adviser to help you develop a modified academic map.

* Placement in ENG101 is based on test scores. See your adviser to determine which English you need to take. If you did not place into ENG101, ask your adviser help you develop a modified academic map.

* Students should consult their transfer institution or the STARS templates. See an academic advisor for assistance.

Program: General Studies

Type: A.S.

Semester One

Item #	Title	Credits
BIO 103	Principles of Biology I	4
ENG 101	English Composition I	3
MTH 112	Precalculus Algebra	3
ORI 101	Orientation to College	1
PED 200	Foundations of Physical Education	3
	History Sequence (Part I)	3

Semester Two

Item #	Title	Credits
BIO 104	Principles of Biology II	4
ENG 102	English Composition II	3
SPH 107	Fundamentals of Public Speaking	3
	HED 221 or HED 224	3
	Humanities and Fine Arts Elective (I)	3

Semester Three

Item #	Title	Credits
BIO 201	Human Anatomy and Physiology I	4
	Fine Arts Elective (I)	3
	History Sequence (Part II)	3
	Literature Elective	3
	Physical Education Activity Elective	1

Complete Graduation Application

Complete the graduation application and begin the process of a review of your degree plan before your final semester.

Semester Four

Item #	Title	Credits
BIO 202	Human Anatomy and Physiology II	4
HED 231	First Aid	3
	Physical Education Activity Elective	1
	Social Science Elective	3
	Social Science Elective	3
	Total credits:	61